

## Living with Cancer Strollers March 2020

March's walkers welcomed a new member, Sylvia, who was lucky enough to join us for one of the longest walks the group have been challenged with. But plied with St David's Day Welsh cakes, everyone stayed dry and finished the walk in style. So after the wettest February on record, what made people turn up for this stroll in March? In summary,

**M**arvellous scenery

**A**nimals, insects, flowers and trees all around

**R**obust exercise

**C**ompanionship

**H**umorous chat

If you would like to join us next month, it's the first Thursday of the month at Cosmeston Country park outside the visitors centre at 10 30am.

