

Valeways Walk - Llancarfan in the sunshine

Autumnal weather can be lovely and on such a day 11 walkers met John at the Six Bells in Penmark for a walk with Valeways.

They set off through the village to cross Barren hill with cattle following them before dropping into the valley to cross the Kenson River and climbing up the other side to Pen-Onn.

They followed the road towards Llancarfan before turning off and heading back uphill to Broomhill and Flaxland. Using great care not to excite the mothers the walkers passed a new-born calf no more than 2 hours old and several other very young calves before reaching the road and turning left.

A short walk on the road brought them to The Talbots where they crossed a field and went into Coed Garnllwyd Nature Reserve. On leaving this reserve a coffee stop was made as the sun continued to shine.

Suitably refreshed they followed the river valley into Llancarfan where they crossed the ford and went into the church to see the famous wall paintings.

Heading out of the village they walked a short distance along the road before rejoining the river valley to follow it through open grassland to join the road again at Penmark Hill where a short walk brought them back to the pub.

The pub's free range chickens were ruling the car park and before going in for food and drink Paul had to remove one potential escapee from his car and Trevor had to guard his scampi and chips very carefully

Many thanks to the publicans for the use of the car park and their hospitality.

John Treby – Valeways Walk Leader