

## Valeways Walk 'Round in a circle' – led by John Treby

It was a bright sunny hot morning when 19 walkers joined John at the Red Lion in Bonvilston for a Valeways walk.

They set off and crossed Cottrell Park golf course to reach the road to Peterston. They followed the road carefully for a short distance before crossing a stile into fields passing a piggery with a carved pig's head very prominently shown. Here there are splendid views of Cardiff, the Brecon Beacons and the Vale of Glamorgan.

Walking through long grass the group reached the Pendoylan Road, crossing straight over to follow a track and then a path through a newly planted wood with an attractive lake beside it. Skirting round a house they started to descend into the valley to reach Caerwigau Isaf. On the way down they stopped to admire a large patch of spotted orchids flowering in a field full of wild flowers but the orchids were especially pretty.

Caerwigau Isaf is a 16<sup>th</sup> century farmhouse which is being lovingly restored and made a good place for a coffee stop.

Refreshed the group set off to climb up towards Warren Mill Farm through woodland and fields, one with giant size golf holes. Turning right and left the group reached Warren Farm and entered a field passing a 'Bull in field' warning notice. The bull had gone on holiday as he was nowhere to be seen.

Walking through Hensol forest the group soon reach Ty Cerrig and Maerdy Newydd before reaching and crossing the A48 at The Aubrey Arms. They followed a lane for a short distance before crossing a stile and climbing up a hill towards Liege Manor one of the best riding schools in the country. As they crossed the field they disturbed a hare which ran off up the hill far faster than the walkers.

A few more fields and stiles brought the group back to the A48 and the warm welcome of the Red Lion.

Many thanks to the landlord and chef of the Red Lion for the hospitality and the use of the car park.

