

## **Valeways Walk in Glorious Autumn Sunshine**

The Farmers Arms at Aberthin was the meeting point for John's latest Valeways walk. In glorious autumn sunshine 12 people joined him and they set off over frosty fields and crossed the long abandoned Llantrisant to Aberthaw railway line which closed in 1965 after exactly 100 years of operation.

The walkers carried on to Newton House farm before heading uphill to Pen-y-Lan. This route gave them lovely views across the Thaw valley to Penllyn Castle and Llansannor which was the walkers' next destination. They passed the magnificent C16th Llansannor Court which has featured several times in Dr Who. A short break was taken by the church dedicated to St Senwyr.

The sun had melted all the frost by now and jackets were coming off as the temperature climbed. Turning on to the Valeways Millennium Trail they walked under Coed y Stanby kicking up the crunchy leaves just like children! And taking careful note of the warning on a gate 'Any person who omits to shut and fasten this gate is liable to a penalty not exceeding forty shillings'.

On reaching the road and seeing the steep hill up in front of them, everyone was relieved to hear that the route now took them downhill and along the bridleway to the outskirts of Cowbridge.

They followed a walkers Cowbridge bypass to arrive by the comprehensive school and then crossed several bridges and fields, dry today but very boggy when wet to arrive back at Aberthin and the Farmers Arms with a very friendly welcome.

Many thanks to the staff at the pub for their hospitality and the use of the car park.

John Treby  
Valeways Walk Leader